UNIVERSITY OF WORLD ECONOMY AND DIPLOMACY

Good Health and Well-Being

Empowering People, Building a Healthier and More Resilient Society

SDG 3 REPORT 2025

3 GOOD HEALTH AND WELL-BEING

Healthy People — *Brighter Futures*

Healthy Community

Inclusive Environment

Sustainable Development

Global Engagement

Healthy Campus

Stronger Communities

3 GOOD HEALTH AND WELL-BEING

Health and Well-Being at UWED:

Our Commitment to SDG 3

A Safe, Healthy and Supportive University Community

UWED's 2025 health-related activities encompassed campus medical services, health education, community outreach, sports and recreation, and psychological support.

These initiatives illustrate the university's contribution to promoting health and well-being among students, staff and local communities. Individual activities are assessed against THE's SDG 3 indicators in the following slides.

Our 2025 Priorities

Accessible Services
Medical services, health education and psychological support for the university community.

Inclusive Community
Health outreach and awareness activities beyond the university campus.

Healthier Campus
Sports and healthy-lifestyle promotion, alongside smoke-free policy development.

Sustainable Partnerships
Engagement with healthcare institutions and community partners.

Medical Services

Community Outreach

Sports and Recreation

Mental Health Support

Women's Health Education

Smoke-Free Policy

Contribution to SDG 3: Good Health and Well-Being

Through health education, community outreach, psychological support, physical activity and engagement with healthcare institutions, UWED's documented initiatives contribute to the promotion of good health and well-being. The following slides assess these contributions against the specific THE Sustainability Impact Ratings indicators.

CAMPUS MEDICAL SERVICES | SDG

Healthcare Services and Medical Support at UWED

Accessible, On-Campus and Student-Centred Care

Campus Medical Room · Building G, Sports and Wellness Complex

- UWED provides basic medical support for students, academic staff and administrative staff through its Campus Medical Room.
- Located within the university's Sports and Wellness Complex, the facility serves as an on-campus point for initial medical assistance, primary health consultation and preliminary health assessment.
- The university also supports preventive health awareness and encourages healthy lifestyle practices through informational and educational activities.

Key Medical Services Provided

Basic Medical Assistance

Initial support for students and staff experiencing health-related concerns.

Primary Health Consultation

On-campus consultation and initial guidance about health concerns.

Initial Health Assessment

Preliminary assessment to help identify the need for further medical attention.

Further Care Guidance

Recommendations on seeking additional medical care where required.

Preventive Health Support

Health awareness, prevention and guidance on healthy lifestyle practices.

Campus Medical Room

LOCATION

Building G, Sports and Wellness Complex

WORKING HOURS

Everyday
24/7

Students, academic staff and administrative staff

Campus Medical Room gallery · UWED Medical Services

Contribution to SDG 3: Good Health and Well-Being

Through its Campus Medical Room, UWED provides initial medical assistance, primary health consultations and guidance on further care for students and staff. Combined with preventive health education and healthy lifestyle awareness, these services contribute to the university's commitment to a healthier, safer and more supportive campus environment.

3.1 Research on health and well-being

UWED RESEARCH CONTRIBUTIONS TO
SDG 3: GOOD HEALTH AND WELL-BEING

Pedagogical Features of Using Psychological Techniques and Methods in the Educational Environment

Author: Polatova T.

Journal: Western European Journal of Linguistics and Education

Published: 22 November 2025

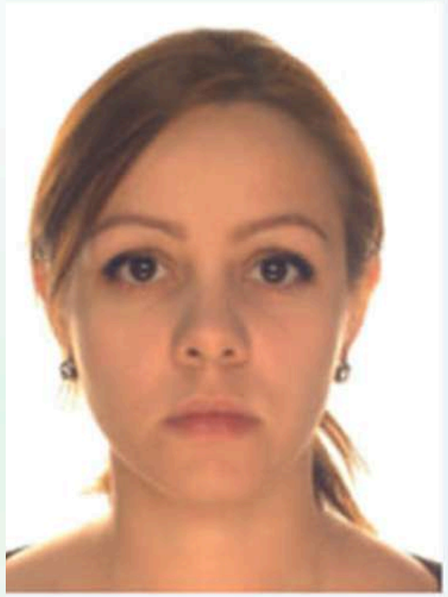
Volume: 3, Issue 1

Pages: 19–23

ISSN (E): 2942-190X

Impact factor: 10.75

https://westerneuropeanstudies.com/index.php/2/article/view/2967/2053



Polatova Tatyana Dzhalalitdinovna

Department: Uzbek and Russian Languages

Specialization

Russian Language

Literature

Methodology of Teaching Russian

Methodology of Teaching Literature

Russian as a Foreign Language

Languages

Uzbek, Russian

Contacts:

E-mail: t.polatova@uwed.uz

LinkedIn, Google Scholar, Research Gate, Academia, ORCID

UWED researcher Tatyana Polatova's 2025 study explores the role of psychological techniques in fostering emotionally supportive educational environments. The research is relevant to **SDG 3 – Good Health and Well-Being, particularly Target 3.4,** which includes promoting mental health and well-being.

By examining psychologically supportive teaching practices, the article contributes academic knowledge on creating educational environments that recognise students' emotional needs, encourage resilience and support psychological well-being.

Track and Field Athletics: A Comprehensive Analysis of Techniques, Training, and Performance

Author: Raxmatov D.

Journal: Web of Scientist:
International Scientific Research Journal

Published: February 2025

Volume: 6, Issue 2

Pages: 10–15

ISSN: 2776-0979

https://wos.academiascience.org/index.php/wos/article/view/5277

- UWED researcher Shukhrat Dilmurodov's 2025 study examines personalised physical training approaches for highly qualified boxers, considering their individual fighting styles and physical demands. The research contributes to the broader objectives of SDG 3 – Good Health and Well-Being .

Rahmatov Davlat Toyirovich

Department: Uzbek and Russian Languages

Specialization

Sports career

Languages

Uzbek, English, Russian

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LinkedIn, Google Scholar, Research Gate, Academ

- UWED researcher Davlat Raxmatov's 2025 study explores modern athletic training techniques, performance optimisation, and competition strategies in track and field sports. The research contributes to the broader objectives of SDG 3 by advancing knowledge relevant to physical education, active lifestyles, and sports participation.

Dilmuradov Shuhrat Safarovich

Department: Uzbek and Russian Languages

Specialization

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Languages

Uzbek, English, Russian

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E-mail: sh.dilmurodov@uwed.uz

LinkedIn, Google Scholar, Research Gate, Academia, Web

- The research is relevant to **SDG 3 – Good Health and Well-Being**, particularly **indicator 3.4**, through its connection to physical activity and healthy lifestyles.

Special Physical Training Considering Individual Fighting Styles of Highly Qualified Boxers

Author: Dilmurodov Sh.

Journal: Web of Scientist:
International Scientific Research Journal

Published: February 2025

Volume: 6, Issue 2

Pages: 16–21

ISSN: 2776-0979

https://wos.academiascience.org/index.php/wos/article/view/5278

3.3 Collaborations and health services

UNIVERSITY OF WORLD ECONOMY AND DIPLOMACY

3 GOOD HEALTH AND WELL-BEING

THE INDICATOR 3.3.1 | SDG 3: Good Health and Well-Being

Collaborations with Health Institutions

Engaging for a Healthier and More Resilient Community

On 12 December 2025, UWED's students made their following visit to Family Polyclinic No. 4 — the polyclinic to which the university's staff and students are assigned — to learn about primary healthcare services, preventive screenings and vaccinations.

The visit provided an opportunity to engage with healthcare professionals, explore approaches to patient care and understand the role of primary healthcare institutions in community well-being.

Family Polyclinic No. 4 · Study visit, 12 December 2025
www.uwed.uz/en/news/1143

Familiarisation with Healthcare Services

Students learn about preventive screenings, vaccinations, specialist appointments and diagnostic services on regular basis.

Practical Learning Experience

Clinic staff explained registration, electronic queuing, medical records and patient care.

Strengthening Institutional Engagement

Dialogue with healthcare professionals enhanced cooperation between the university and policlinic.

Contribution to SDG 3:

Through engagement with healthcare professionals and primary healthcare institutions, UWED promotes health education, preventive care awareness and informed understanding of community health services. This activity supports the broader objectives of SDG 3 by strengthening health-related knowledge and institutional dialogue.

View Official Article ↗

3 GOOD HEALTH AND WELL-BEING

UWED Supports Children's Health Through Donation and Blood Donation Campaigns

UWED teachers and students work with government healthcare institutions to support vulnerable children and promote community health through charity and blood donation initiatives.

3.3.1 Current collaborations with health institutions

UWED teachers and students participate

In collaboration with government healthcare institutions

Financial support, donations and blood donation to help patients in need

9 April 2025

UWED teachers and students visited the Children's Oncology Hospital, organised a donation campaign, and provided financial support to six families with children suffering from leukemia.

"Through care and solidarity, UWED contributes to a healthier and brighter future for every child."

Republican Specialized Scientific and Practical Medical Center of Oncology and Hematology (Tashkent)

Read more: uwed.uz/en/news/659

Promoting Voluntary Blood Donation

As part of its commitment to community well-being, UWED representatives participate in a blood donation campaign aimed at supporting patients in need of blood transfusions and raising awareness of the importance of voluntary blood donation.

3 GOOD HEALTH AND WELL-BEING

SDG 3.3.1

Collaboration with Tashkent City AIDS Centre

HIV prevention and awareness activities for a healthier university community

On 23 September 2025, the UWED the “We Support a Healthy Lifestyle” awareness campaign in collaboration with **the Republican AIDS Centre under Uzbekistan’s Ministry of Health and the Centre for Increasing the Social Activity of Students and Pupils.**

A key component of the initiative was **a mobile medical laboratory offering free blood tests for three types of infectious diseases,** enabling students to access preventive screening services directly on campus.

HIV Prevention Education
Information on HIV transmission and preventive measures.

Early Detection Awareness
Importance of testing and early detection.

Healthcare Collaboration
Joint activities with the Tashkent City AIDS Centre.

This collaboration contributes to SDG 3 – Good Health and Well-Being
by promoting preventive healthcare, increasing awareness and supporting a healthier and more informed university community.

SDG 3.3.1

Collaboration with Health Institutions and Community Health Initiatives at UWED

Stronger Partnerships for a Healthier Society

THE INDICATOR 3.3.1

UWED's health-related educational activities connect university learning with practical healthcare experience and public health awareness.

Family Polyclinic No. 4 visit · 12 December 2025

Selected Health-Related Activities in 2025

01

3–5 September 2025

NIC Uzbekistan Conference 2025

UWED Rector Sodyq Safoev participated in a conference organised by the NUS Medicine International Council. The programme covered medicine, technology, genomics, cell therapy and ethical aspects of medical research alongside geopolitical and economic themes.

Source: uwed.uz/en/news/901 ↗

02

12 December 2025

Educational Visit to Family Polyclinic No. 4

Second-year International Economic Relations students visited the clinic under the guidance of Kh.R. Karimova and F.A. Bekmuradova. They learned about primary healthcare, preventive screening, vaccinations, diagnostics, maternal and child health, electronic queues and patient registration. The visit connected healthcare delivery with socioeconomic development and public-service efficiency.

Source: uwed.uz/en/news/1143 ↗

Healthcare and Knowledge-Exchange Connections

Family Polyclinic No. 4
Primary healthcare education and practical learning.

UNFPA
Women's health education and preventive awareness.

NUS Medicine International Council
International conference participation and interdisciplinary dialogue.

Contribution to SDG 3: Good Health and Well-Being

Through engagement with healthcare institutions, participation in interdisciplinary dialogue and cooperation on women's health education, UWED contributes to greater awareness of preventive healthcare and the social importance of health services. These activities connect academic learning with practical health knowledge and support the broader objectives of SDG 3 by encouraging informed, healthier communities.

3.3.2 Health outreach programmes

Health Outreach for Local Communities

Sharing Knowledge, Supporting Healthier Communities

"Health and Sports" open lesson at a public school · January 2025

At the board · Jan 2025

Group work · Jan 2025

Mahalla pool · Aug 2025

In January 2025, UWED contributed to community health education through an open lesson on health and sports at a local public school. The activity connected university expertise with school-level learning and highlighted the importance of physical activity and healthy lifestyle habits.

By taking health-related education beyond the university campus, the initiative helped communicate practical messages about personal well-being to a younger audience. This activity illustrates UWED's role in promoting health awareness through educational outreach and engagement with the wider community.

Health Education
Sharing practical knowledge about healthy habits and personal well-being with school-level audiences.

Healthy Lifestyle Awareness
Highlighting the importance of physical activity and everyday health-conscious choices.

Community Engagement
Extending university educational activities beyond the campus to local communities.

Educational Outreach
Connecting university expertise with younger learners through health-related educational activities.

Contribution to SDG 3: Good Health and Well-Being

Through community-based health education, UWED contributes to the promotion of healthy lifestyles, physical activity and greater awareness of personal well-being. By extending educational activities beyond the university campus, the institution supports the broader objectives of SDG 3 and strengthens its engagement with local communities.

Official Source
UWED News | January 2025
www.uwed.uz/en/news/1228

View Official Article ↗

3 Good Health and Well-Being

“Clean Hands – The Foundation of Health”

3.3.2 Health outreach programmes

Health outreach campaign on hygiene and disease prevention

On **26 May 2025**, the University of World Economy and Diplomacy organised the **“Clean Hands – The Foundation of Health”** awareness campaign, led by first-year students **in cooperation with the Oltin Qanot volunteer group**. The initiative promoted proper hand hygiene, disease prevention and healthy lifestyles through interactive educational activities and quizzes. Participants also received hygiene products.

Hygiene Education

Information on proper handwashing and personal hygiene.

Interactive Learning

Engaging activities and quizzes to promote healthy lifestyles.

Preventive Awareness

Raising awareness about disease prevention and good health practices.

This outreach programme contributes to SDG 3 – Good Health and Well-Being

by promoting hygiene awareness, preventing infectious diseases and supporting a healthier university community.

3 GOOD HEALTH AND WELL-BEING

Inclusive Running Marathon: Inson-uchun

12 April 2025 | Yangi O'zbekiston Park

3.3.2 Health outreach programmes

UWED students and faculty joined the **"Inson-uchun"** inclusive running marathon, organised by national education and sports partners as part of the **"Talaba-yugur"** initiative. The event encouraged active lifestyles, student engagement and inclusive participation.

628 registered runners

2,000+ student volunteers

UWED students & faculty participated

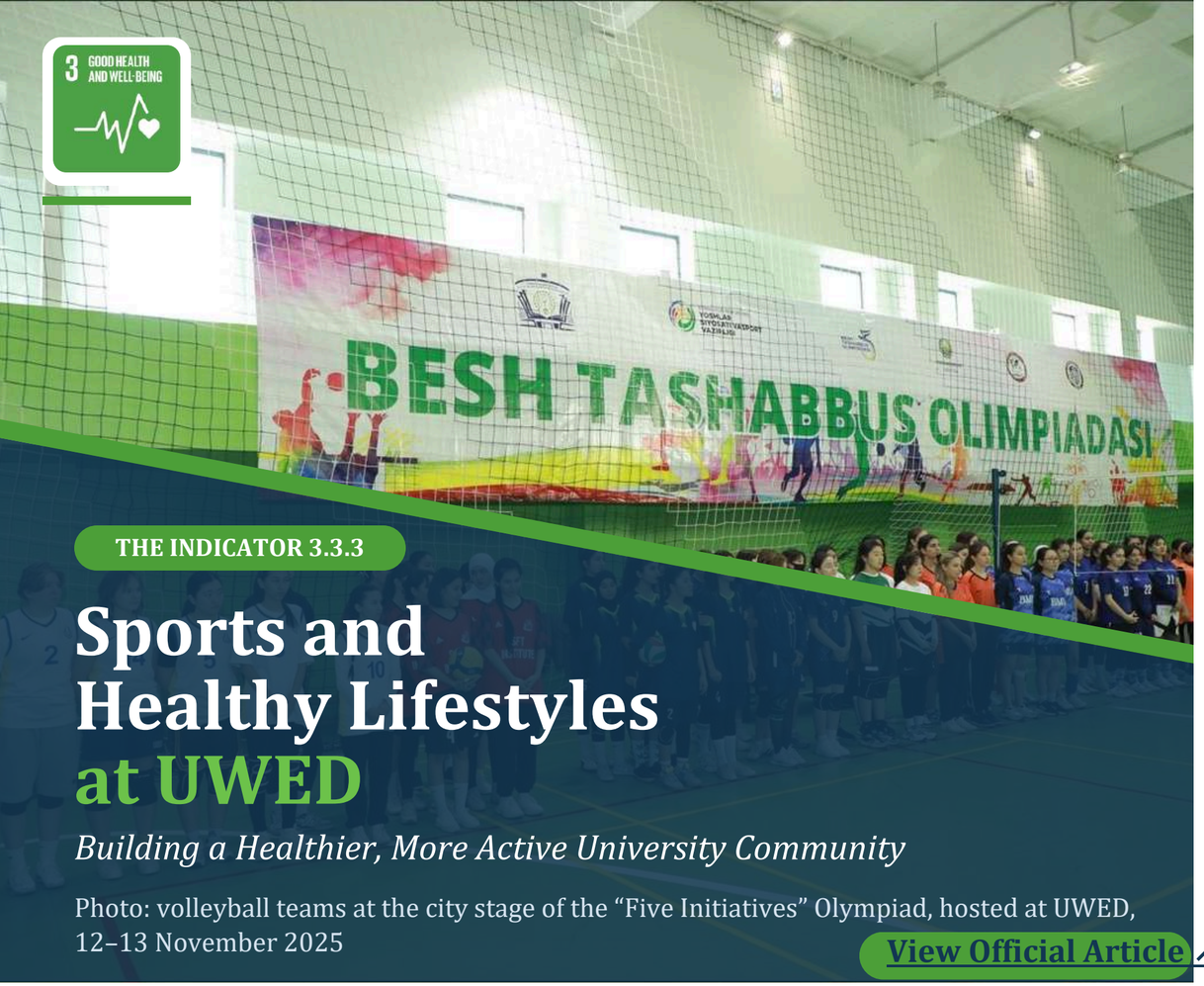
Healthy lifestyles
Promoting physical activity for better health and well-being.

Inclusive sport
Open to all, encouraging equal participation.

Community participation
Strengthening social engagement and a healthier community.

SDG 3 contribution: Promoting physical activity, inclusion and community well-being.

By supporting national initiatives and engaging students in mass sport events, UWED contributes to healthier individuals and a more inclusive society.



THE INDICATOR 3.3.3

Sports and Healthy Lifestyles at UWED

Building a Healthier, More Active University Community

Photo: volleyball teams at the city stage of the “Five Initiatives” Olympiad, hosted at UWED, 12–13 November 2025

View Official Article ↗

SDG 3 — Good Health and Well-Being

THE Indicator 3.3.3 · Reporting Year 2025

- **Sports and physical activity form an important part of student life at the University of World Economy and Diplomacy. University sporting activities provide opportunities for students to develop teamwork, discipline, resilience and healthy lifestyle habits.**
- **Volleyball, swimming, athletics and other recreational activities support physical well-being and create opportunities for positive social interaction within the university community.**
- **In the context of SDG 3, promoting active lifestyles contributes to a supportive learning environment and greater awareness of the importance of regular physical activity.**

Key Areas of Activity

Sports Competitions
Volleyball, swimming and other documented university sports competitions.

Fitness and Recreation
Physical activity and recreational opportunities for university members.

Healthy Lifestyle Awareness
Promoting the importance of exercise and physical well-being.

Inclusive Participation
Encouraging participation in student sports and recreational activities.

Contribution to SDG 3: Good Health and Well-Being

By promoting sports participation, recreational opportunities and healthy lifestyle awareness, UWED contributes to the physical and social well-being of its university community. These activities support the broader objectives of SDG 3 by encouraging active living, teamwork and a supportive campus environment.

Sports Competitions at UWED

Building a Healthier, More Active University Community

View Official Article ↗

UWED Promotes Healthy Lifestyles Through Swimming Competitions

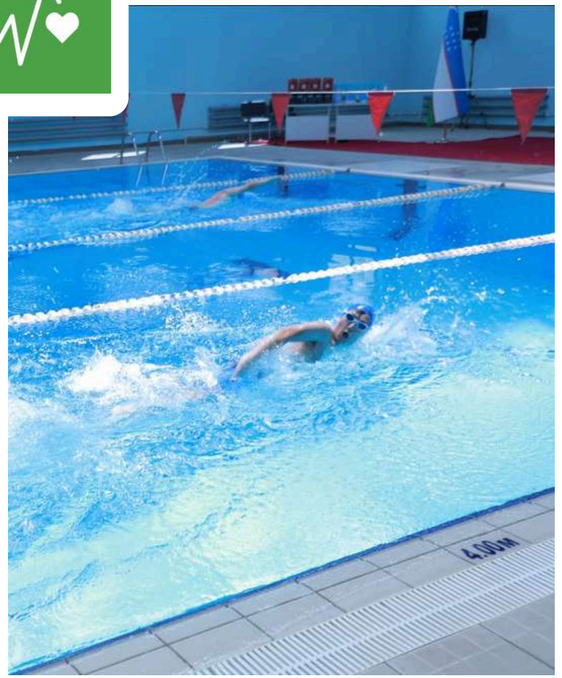
On May 21, 2025,UWED organized a swimming competition under the "Sportchi – Yurt himoyachisi" (Athlete – Defender of the Motherland) as part of Uzbekistan's nationwide Month of Sports initiative.

The event brought together students, faculty members, and participants from other universities to promote physical activity, healthy lifestyles, and sportsmanship. Winners and active participants received certificates and commemorative gifts.

SDG 3: Good Health and Well-Being — This initiative demonstrates UWED's commitment to encouraging physical activity, improving student well-being, and fostering a healthy university community.

3.3.3 Shared sports facilities

3 GOOD HEALTH AND WELL-BEING



3 GOOD HEALTH AND WELL-BEING

THE Indicator 3.3.3 ·

˝Tomaris izdoshlari˝:

Empowering Students Through Sport and First Aid

Organised jointly by the UWED Women's Advisory Council and UWED Sports Club, the "Tomaris izdoshlari" competition promoted physical fitness, leadership, dexterity and emergency response skills among students.

6 May 2025
University sports competition

UWED campus

Organised by the UWED Women's Advisory Council and UWED Sports Club

"Through sport, knowledge and unity, UWED students build a healthier, stronger and more resilient community."

View Official Article ↗

Fitness and Wellness: "Tomaris Izdoshlari"

UWED organized the **"Tomaris Izdoshlari" sports competition** to encourage healthy lifestyles, physical fitness, and active participation among female students.

- Participants competed i**n 100-metre running, cycling, darts, and first aid activities,** strengthening their endurance, teamwork, confidence, and practical health-related skills.

SDG 3 Contribution: Promoting physical well-being, preventive health awareness, and an active university community.

3 GOOD HEALTH AND WELL-BEING

Promoting Healthy Lifestyles Through Sport and Education

UWED creates opportunities for students to develop physical fitness, learn new skills, and gain inspiration from professional athletes.

Physical activity and fitness

Learning and personal development

Teamwork and social connection

Inspiration for a healthy lifestyle

Learn English Through Sport

29 March 2025

3.3.3 Shared sports facilities

The UWED English Department, physical education teachers and sports complex staff jointly organised a competition where three teams of first-year students (8 members each) combined sports exercises with writing English words and definitions. Second-year International Law students helped judge the competition.

Source: uwed.uz/en/news/642

We Choose a Healthy Lifestyle!

25 September 2025

UWED students met champion athletes Shahram Giyasov and Karim Tulaganov, engaging in an open dialogue about sporting achievements, motivation, discipline, and how to balance physical activity with academic life.

Athlete mentorship

Motivation, discipline and well-being

Source: uwed.uz/en/news/931 | 2025

Contribution to SDG 3: Good Health and Well-Being

Through its “Learn English Through Sport” and “We Choose a Healthy Lifestyle!” initiatives, UWED promotes physical activity, healthy lifestyles and student well-being. By integrating sports with education and facilitating direct engagement with professional athletes, the university encourages students to develop healthy habits, discipline, teamwork and resilience.

THE INDICATOR 3.3.4

Women's Health and Well-Being at UWED

> *Such events should be held not only in October, but throughout the year, because a healthy generation is the basis of a healthy society.*
>
> **— Muhabbat Ahmadova, UNFPA expert**
>
> Obstetrician-gynecologist · "Pink Month" session, October 2025

Focus Areas of the 2025 Activities

- **Support and Empowerment**
- **Healthy Lifestyles**
- **Preventive Healthcare**
- **Reproductive Health**

"Pink Month" information session with UNFPA · uwed.uz/en/news/971

Empowering Women for Healthier and More Confident Lives

Health Education
Educational discussions addressing preventive healthcare, reproductive health and healthy lifestyle practices.

Empowerment
Encouraging confidence, health awareness and a supportive environment for female students.

Awareness and Support
Raising awareness of women's health concerns and encouraging informed decisions about personal well-being.

Knowledge Sharing
Engagement with healthcare specialists and the exchange of practical health information through educational activities.

- In 2025, UWED highlighted women's health and well-being through educational discussions and awareness activities for preventive healthcare.
- The university's health-awareness initiatives included engagement with medical specialists and opportunities for female students to learn about personal well-being and health-related concerns.
- These activities contributed to greater awareness of women's health issues and encouraged dialogue on creating a supportive university environment.

Contribution to SDG 3: Good Health and Well-Being

Through educational activities focused on women's health, preventive care and personal well-being, UWED contributes to greater health awareness and informed decision-making among students. These initiatives support the broader objectives of SDG 3 by encouraging healthy lifestyles, promoting preventive health education and fostering a more supportive university community.

3 GOOD HEALTH AND WELL-BEING

Women's Health Through Dialogue and Education

THE INDICATOR 3.3.4

UWED organises awareness events to promote women's health, share expert knowledge and inspire students to contribute to a healthier and more equal society.

- Raising awareness on women's health
- Engaging healthcare professionals and experts
- Developing students' knowledge and presentation skills
- Promoting gender equality and women's contributions to society

01 Health of Girls Roundtable

16 January 2025

UWED Academic Lyceum

Doctors from the Republican Specialized Scientific-Practical Medical Center for Mother and Child Health — Kamola Ismolova and Dilbar Axdedova — spoke about reproductive health, risks of early marriage and childbirth, hygiene and the importance of regular medical checkups.

Read more: uwed.uz/en/news/525

02 Women's Health Roundtable

14 March 2025

UWED Academic Lyce

"Women's health – the foundation of a strong society"

A roundtable with Prof. E'tibor Sultanova, focusing on women's health, education and social empowerment, and the importance of healthy families.

Read more: uwed.uz/en/news/615

03 Student Presentations

14 March 2025

UWED Academic Lyceum

Students presented on women's health and women's contributions to medicine, highlighting inspiring role models such as Florence Nightingale, Marie Curie and Sarah Gilbert. The event was organised by the UWED Leader Girls club.

Read more: uwed.uz/en/news/615

Healthy Women Stronger Families Brighter Futures

THE INDICATOR 3.3.5

Psychological Training for Students | October 2025

PSYCHOLOGICAL SUPPORT

The University of World Economy and Diplomacy provides psychological support services for students, academic staff, and administrative staff in a safe, respectful, and confidential environment. The service is designed to promote emotional wellbeing, support personal development, and help individuals cope with academic, professional, and personal challenges.

Psychological support is available for a wide range of concerns, including stress, anxiety, low mood, communication difficulties, adaptation to university life, academic pressure, personal challenges, and issues related to social relationships and emotional wellbeing. Consultations are offered in both online and offline formats.

Working hours
9:00–17:00

Reception days
- Tuesday: 10:30–16:00
- Thursday: 10:00–16:00
- Friday: 10:30–16:00

University Psychologist

UWED Psychological Support Service

Confidential consultations for students and staff, including support with stress, anxiety, adaptation and academic pressure. **Online and offline · Room 115, Building F.**

uwed.uz/en/campus-facilities/psychological-support ↗

Contribution to SDG 3: Good Health and Well-Being

Through psychological training, interactive workshops and student support initiatives, contribute to a more supportive and inclusive learning environment and reflect the university's commitment to student well-being.

Key Themes

Mental Health Education
Practical knowledge of emotional well-being, self-awareness and stress.

Awareness and Support
Open discussions and opportunities to seek psychological guidance.

Coping Strategies
Exercises involving communication, motivation and stress management.

Supportive Environment
Positive relationships, social adaptation and mutual respect.

In 2025, UWED organised psychological training and awareness activities to explore stress management, self-awareness and psychological resilience through educational sessions and discussions.

THE INDICATOR 3.3.5

Student Mental Health and Well-Being at UWED

Support, Awareness and a Positive Learning Environment

Key Mental Health Activities in 2025

1

14 October 2025

Mental Health Week: Psychological Training

A roundtable and training on the psychological consequences of early marriage and “the path to a happy life”. UWED psychologist N. Norova guided students through exercises and discussions on emotional well-being, psychological readiness and family responsibility. uwed.uz/en/news/959 ↗

2

11 November 2025

Music, Stress Management and Emotional Stability

Psychologist N. Norova and tutor I. Fayzullaeva led a seminar on healthy relationships and music as a way of managing stress, with “I Support”, “Strengthening Relationships” and “Musical Motivation” activities.

uwed.uz/en/news/1032 ↗

3

25 December 2025

Psychological Support in Student Dormitories

Psychologist N. Norova and Youth Affairs specialist F. Ernazarova held a seminar and roundtable for dormitory residents on positive communication, mutual respect, stress management, emotional stability and social adaptation. uwed.uz/en/news/1167 ↗

THE INDICATOR 3.3.6

Towards a Smoke-Free and Tobacco-Free Campus at UWED

A Healthier, Cleaner and More Sustainable Learning Environment

UWED main campus, Tashkent

Policy Overview

- UWED's Smoke-Free and Tobacco-Free Campus Policy is intended to protect students, staff and visitors from exposure to tobacco smoke .
- By promoting tobacco-free spaces, the university seeks to reduce exposure to tobacco-related risks.

Intended Benefits for the University

- **Health Protection**
- **Greater Awareness**
- **Student and Staff Well-Being**
- **Cleaner Campus**

Our Policy

The Smoke-Free and Tobacco-Free Campus Policy establishes a university-level framework for tobacco prevention, health protection and a safe educational environment.

CORE FOCUS

- Tobacco-free campus environment
- Protection of students, staff and visitors
- Health awareness and prevention
- Institutional communication and compliance

Read the full policy (PDF) ↗

Key Policy Measures

01 Tobacco-Free Spaces
Establishing restrictions to reduce tobacco exposure in university environments.

02 Awareness and Education
Communicating tobacco-related health risks and encouraging informed choices.

03 Compliance and Responsibility
Defining responsibilities and procedures for applying the policy.

04 Healthy Lifestyle Promotion
Encouraging a university culture that supports prevention and well-being.

Contribution to SDG 3: Good Health and Well-Being

Through its Smoke-Free and Tobacco-Free Campus Policy, UWED seeks to reduce tobacco-related health risks, protect members of the university community from second-hand smoke and promote healthier lifestyles. The policy supports the broader objectives of SDG 3 by strengthening preventive health measures and encouraging a safer, cleaner and more supportive learning environment.

A Healthier UWED, A Stronger Community

- Health Awareness
- Active Living
- Student Well-Being

Together, we build a healthier, more active and inclusive UWED.